



CANADIAN PARENTS FOR FRENCH ALBERTA

Thank you for registering for the Canadian Parents for French Alberta **Falling into French Weekend**. We have planned a fun-filled family weekend of French and bilingual activities for French and non-French speakers, based out of Coast Canmore Hotel (511 Bow valley Trail) Canmore, Alberta. This will be an opportunity for students to use and practice their French outside of their school setting from Friday, October 21– Sunday, October 23, 2022.

There is a swimming pool at the hotel so you may want to bring your swim suits. Pool, Hot Tub and Fitness Centre – Guests may need to register and book a time at the front desk (upon arrival) to use the pool, hot tub and fitness centre.

Please note that any food allergies/needs are accommodated for at all hotel meals and during Saturday's youth programming. Most meals are buffet style and platters will be labeled, should a further accommodation be needed please let hotel staff know.

Schedule:

*Times & activities may vary slightly

Friday, October 21

Hotel check in any time after 5 pm. You will be required to leave a credit card number upon check-in for any incidentals. Room charges and taxes have been covered by CPF through your registration fee.

- **6:00pm – 10:00pm:** Welcome in the lobby. Look for our CPF banner and welcome booth table in the main concourse past hotel check in desk. If you arrive in Canmore later in the evening and we are no longer in the lobby we will register you with us Saturday morning.
- For all of you who have requested a cot. The hotel has advised us of limited availability. If possibly we recommend bringing something with you. i.e., camp cot, air mattress.

Saturday, October 22

7:15 -8:30 am: Breakfast at the hotel, this is included in package. Our "welcome booth" will also be set up for those who arrived later than 10:00 pm on Friday.

8:30: Children must be in lobby (by the main ballroom on concourse) to commence age-appropriate sociocultural activities.

- Please wear provided name tags.

- ***MUST** complete the Elevation Place climbing wall waiver please: [Elevation Place Climbing wall waiver](https://waiver.smartwaiver.com/e/H9YfQXoxNVGJzkwyPxRhh5/) - <https://waiver.smartwaiver.com/e/H9YfQXoxNVGJzkwyPxRhh5/>
 - **Participants should bring for climbing:**
 - Clean soled indoor shoes – not sandals - to climb in
 - Long pants or shorts that extend past mid-thigh to accommodate the harnesses. Dresses and skirts are not comfortable with climbing harnesses.
 - Participants may bring their own climbing equipment if it is in good repair
- We recommend youth bring a backpack to hold their items including snacks provided by CPF Alberta.
- Please send them with a full water bottle.
- Youth **must** be prepared to be outdoors for a portion of Saturday's events (they will be going between the indoors and outdoors) and mountain weather can be cold at this time of year so please ensure that they bring appropriate outerwear; this includes a toque, ski-pants, boots, mittens/gloves etc.
- Afternoon activities will be back at the hotel. The schedule can be found [HERE](#).
 - Heads up – Painting clothes suggested for the afternoon activities. A large t-shirt, apron etc. to throw on top their clothes to protect them from splatters.

8:45 – 11:15: – Babysitting service is available for those under 5 (Free of charge).

- Must complete [Medical waiver](#)

9:00 - 10:00: CPF Alberta AGM – AGM documents will be available on our website.

<https://ab.cpf.ca/en/agm/>

10:00 - 11:00: – Parent Session – Join us for a fun and engaging session - **“To the Rescue! Become parents who are confident in supporting their child in French immersion”** Get ready to explore and try ways to help your child in French Immersion. This workshop will mobilize parents in ways they never thought possible. Presented by Merrilee Reboullet and Sarah Clark.

Merrilee teaches Grade 5 FI in High River and enjoys living her best bilingual life in rural Alberta. She has a passion for teaching and feels blessed to be able to pass on her love of the language to her students every day.

Sarah is a mother of 3 children who attend French immersion. She, herself was a French Immersion graduate. She has a Master's degree in second language learning and is passionate about literacy development and language development.

12:30 – 3:00 – Babysitting service is available for those under 5 (Free of charge).

11:00-1:00 – Free time for lunch. Lunch is **not** included by CPF. Children & Youth participating in activities will be provided a packed lunch. *Excludes those in babysitting service

1:00 – 3:00 - Parent Activity –

Parents (guardians) are invited to take part in an exclusive wine pairing and education event at the Sensory restaurant. The experienced sommelier for The Sensory will guide us through some familiar and maybe some not-so-familiar wines and pairings in their beautiful private room. You may want to go early and have lunch at this lovely location. **Activity cost \$10/person.** Please register and pay for this event at the CPF Alberta welcome table. Please note lunch is **NOT** included and will be on your own tab.

4:00: Children & Youth activity is complete, signed back in by parents

4:00 – 5:30: Free time

5:30-6:30: Dinner at the hotel - included in package. Extra drinks including adult beverages can be purchased at the onsite bar. Please ask the wait staff for assistance.

7:00-8:30: – Activity for the Monitors, Monitors-in-training and babysitters.

7:00 – 8:00: Family Entertainment – **Holding Circus!**

Amazing roving entertainment, hand balancing act and circus workshop.

Sunday, October 23

8:00 - 09:30 **Breakfast** at the hotel- included in package.
Check out of hotel.

10:00 - 11:00 **Family** Tours and Activities at the Canmore Museum!

Explore the rich history of Canmore with your family as the expert Canmore Museum staff share their knowledge with us. We will divide into smaller groups to visit the RCMP barracks along with a walking tour of the downtown (comfortable footwear recommended).

Tours and information will be predominantly in English but will incorporate some French as well. At the end of this informative session join us for a beverage (coffee, tea or hot chocolate along with a fresh-baked artisan cookie) in front of the museum.

Saturday Bilingual Youth Programming: Child/youth Schedule [HERE](#).

- Please send your child with:
 - o Name tag
 - o Dress appropriately for the weather – Programming **INCLUDES** outdoor activities.
 - o Backpack for snacks & their personal items. i.e. Water bottle etc.

- Fill in waiver for Climbing wall.
<https://waiver.smartwaiver.com/e/H9YfQXoxNVGJzkwyPxRhh5/>
- Have a large T-shirt or apron to protect clothes for painting.

If you have any questions, please feel free to email us at cpfab@ab.cpf.ca.

Any issues while you are on site please contact:

Michael Tryon 780-860-1248

or

Trish Rognvaldson 403-844-5736

Donations accepted for CPF Alberta – Our endowment fund details can be found [HERE](#).

IT'S REWARDING TO BE BILINGUAL!

A \$3,000 BURSARY TO HELP GAIN A

SUPERPOWER

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